

## The 55<sup>th</sup> Hofu Yomiuri Marathon Guidelines for Elite Men

1. Event Titles      Japan Marathon Championship Series (Men:G1, Women:G3)  
The 55<sup>th</sup> Hofu Yomiuri Marathon  
World Athletics Championship Tokyo 2025 National Selection Trial  
The 25<sup>th</sup> Japan Blind Women's Marathon
2. Organizers      Chugoku Athletics Association, Yamaguchi Athletics Association,  
Yamaguchi Prefecture, Yamaguchi Amateur Sports Association, Hofu City,  
Yomiuri Shimbun, KRY Yamaguchi Broadcasting Co., Ltd.
3. Supporters      Japan Association of Athletics Federations (JAAF), Hofu City Sports Association,  
Hochi Shimbun Co., Ltd., Hofu City Board of Education
4. Supervisors     Yamaguchi Athletics Association, Hofu City Athletics Association
5. Supporters      JGSDF (Japan Ground Self-Defense Force) 17<sup>th</sup> Infantry Regiment,  
Air Self-Defense Force 12<sup>th</sup> Flight Training Wing,  
Air Self-Defense Force Air Basic Training Wing  
JGSDF 13<sup>th</sup> Brigade, Hofu Medical Association, Hofu Traffic Safety Association,  
Hofu Scout Council, Hofu Tourism Convention Association,  
Hofu Neighborhood Association
6. Sponsors      To be decided
7. Schedule        Starting at 10:40 am, Sunday, December 1, 2024
8. Course          Hofu Yomiuri Marathon Course - certified by JAAF and WA/AIMS: 42.195km  
Prefectural road in front of Kirin Lemon Stadium Salt Arena Hofu ~ Oaza Tajima, Hofu  
(turnaround point) ~ Kirin Lemon Stadium Athletics Stadium  
The record of 15km, 20km, half, 25km, 30km and the marathon of the athletes  
who completed the race will be certified.
9. Broadcast        TV and radio by KRY Yamaguchi Broadcasting Co. Ltd.
10. Qualification   (1) Athletes satisfying all ①・②・③ requirements:  
① Registered athletes of JAAF for 2024  
② over 19 years old on the race day  
③ have a certified record of the following time at an international or a domestic

race between November 1, 2020 and the deadline of the application for this race;  
Marathon: 2:26:00 or faster  
Half-marathon: 1:06:00 or faster

(2) JMC Point Ranking (JMC SeriesIII) – Men’s top 200

(<https://www.jaaf.or.jp/jmc-series/series2/ranking/?series=2&g=m&p=1>)

\* Starting order will be arranged in accordance with the record of marathon, half-marathon and JMC Point Ranking.

(3) Athletes (including women) recommended by the organizers

(4) Athletes (including women) invited by the organizers

11. Competition Rules This race will be conducted in accordance with the latest regulations of WA, and JAAF, and this marathon competition. This is a WA Elite Label Road Race; thus WA Road Race Label Regulations and WA Advertising Regulations will also be applied. The doping test will be carried out under WA regulations.

12. The Number of Participants Unlimited

13. Entry Fee 13,000 yen (tax included)

14. Entry (1) Date: Monday, June 24, 2024 to Tuesday, October 1, 2024  
(2) Procedure: 1) Enter from the Internet (RUNTES).  
2) Follow the user policy and attach the image data of your certificate from “my page” (upload)  
3) Make a deposit by the due day.

15. Award General men and Elite men: Top 8 will be awarded.

16. Reception (1) Date and Time  
7:30~10:00 am, Sunday, December 1, 2024  
\* Please register with the QR Code on the Participation Guide using the QR Code scanner placed at the venue.  
\* The Participation Guide, the athlete bib, the timing chip, and etc. will be sent to you by two weeks before the race.  
(2) Venue  
North area of Athletics Field at Kirin Lemon Stadium Salt Arena Hofu  
Address: 174-1 Hamakata, Oaza, Hofu City, Yamaguchi Prefecture  
\* Please check the race website for the shuttle buses.

17. Technical Meeting Afternoon, Saturday, November 30, 2024  
Time is to be decided, and the details will be forwarded later.

## 18. Reception of Special drinks

Date and Time: 7:30~9:00 am, December 1, 2024

- \* Please note on the application form if you wish to have your own bottles placed at the water stations. Whether your request is approved or not, the time and place to submit your bottles on the race day will be notified later.
- \* Please prepare your own bottles (within 8cm in diameter and 35cm in height.)
- \* Special drink tables will be removed after the certain time.


## 19. Personal Information

Organizers and JAAF recognize the importance of personal information, comply with the laws and regulations to protect the information, and deal with it based on the personal information protection policy of the organizers. Personal information will be used to improve the services to the participating athletes, to send the Participation Guide, a record, necessary information, and the next event guide, to provide medical aid and the services from sponsors, supporters, and other groups, and to announce the record (ranking). Organizers, JAAF, or contractors may contact you to confirm the details of your application.

## 20. Doping Control

- (1) This race is conducted under WA Anti-Doping Rules and Regulations, and Japan Anti-Doping Agency (JADA) Code. The test may be conducted sometime between 23:59 the night before the competition and the time when the race is closed. Urine and/or blood sample will be taken. Athletes shall follow the instructions of the officials when taking the test.
- (2) Athletes subject to the doping test must present the identification with a photo, such as the student ID, employee ID, driver's license, or a clear copy of a passport. Please bring one to the race.
- (3) The athletes who participate in this race (including those under 18 years old) shall be deemed to have agreed on the regulations of JADA, and to be subject to the doping control procedures upon the point of the entry of the race. Those who are under 18 years old are regarded to have approval of a person who has their parental authority upon the point of the entry.
- (4) Athletes who are under 18 years old must bring the letter of consent signed by the person who has their parental authority regardless of (3) above. Please download the consent form on the website of JADA (<https://www.playtruejapan.org/jada/u18.html>) . When athletes under 18 become subject to the doping test, they must submit the letter of consent signed by the person who has parental authority to the assigned inspector. If athletes become subject to the doping test again after the submission of the letter of

consent, please state that the letter is already submitted on the point of the test. If the letter cannot be submitted, please forward it to JADA Secretariat within 7 days after the test by post. Not having a letter of consent from a person who has parental authority does not have any influence on procedures of doping test.

- (5) Athletes who participate in this race must learn about anti-doping on JADA Clean Sports Athlete Site (<https://realchampion.jp>) the QR Code on the right in advance. 
- (6) An athlete who refuses or escapes from the doping test (urine and/or blood sample), does not follow the instructions of the doping inspectors, or does not complete the test due to the personal circumstances, may be considered to violate the anti-doping regulations. Please note that JADA will impose sanctions upon the athlete when he/she is judged to violate them.
- (7) Please be aware that athletes subject to the blood testing must take a rest for two hours after the race before being able to take the sample.
- (8) TUE (Therapeutic Use Exemption)  
Athletes who must use the prohibited substance or method specified on The Prohibited List for treatment must apply and be approved for TUE prior to the race. Please refer to <https://www.jaaf.or.jp/about/resist/medical/>, the website of JAAF Medical Committee, or <http://www.playtruejapan.org/>, the website of JADA for details. You must submit the certificate or the copy of it granting TUE to the official when you are requested to take a doping test.
- (9) As for the regulations of WA anti-doping, and details of rules and doping tests of JADA, please check the website of WA and JADA in advance.

## 21. Others

- (1) This competition will be held as Japan Marathon Championship Series G1 for men, and G3 for women.
- (2) Please check and agree on the race guidelines and regulations ( tournament regulations, competition regulations, entry regulations, etc.) of this competition.
- (3) This road race will observe and be conducted in accordance with the legislation of Japan.
- (4) The size and number of the manufacturer's name/logo, or sponsor's name/logo on clothes etc. to be worn on the race course are strictly regulated by the Regulations Regarding Advertisements and Exhibits at Competitions. Please check the following website for the details in advance. If violated, the name/logo will be covered with masking tape. In addition, devices related to the Regulations TR6.3.2 are not allowed on the course. <https://www.jaaf.or.jp/news/article/14995/>
- (5) The JAAF registered athletes must wear shoes in accordance with the shoe regulations of WA. Please check the regulations on the following site. <https://www.jaaf.or.jp/about/resist/technical/shoes/> The shoes may be checked before the race, or after the race for athletes with a prize.

- (6) It is not permitted for athletes to take videos or photos on the course, etc.  
Furthermore, commercial use, including SNS, of images taken by athletes or the third party without permission of organizers is also prohibited.
- (7) Organizers shall hold the publication right of image, pictures, articles, records, etc. of this race on television, newspapers, magazines, the Internet and so on.

22. Secretariat Hofu Yomiuri Marathon Secretariat  
1-1, 2 Chome, Kuwanoyama, Hofu City, Yamaguchi Prefecture 747-0808  
TEL : 0835-25-2274 / FAX : 0835-25-5578  
E-mail : [sports@city.hofu.yamaguchi.jp](mailto:sports@city.hofu.yamaguchi.jp)